

LIGHTING DESIGNER, ALO AND TECHNICIAN

07401141822

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London-based



Hello, I'm Thea, a Lighting Designer and Associate/Assistant with a meticulous eye for detail and a passion for emotive and atmospheric lighting. I have a varied background in the working world of theatre, which has provided me with a great understanding of the processes of departments that I work closely with during productions. My design work spans across the full theatrical spectrum, where I work artistically, bringing curiosity and care to every project I am involved with. It is always my ambition to create designs that are both visually dynamic and effective.

Education

Rose Bruford - 2022 - 2025

First Class Bachelor of Arts with Honours
in Lighting Design

Plymouth College 2020 - 2022

Extended Diploma in Live Events Production

GCSE and UAL Diplomas 2015 - 2020

Plymouth School of Creative Arts

- Maths
- English Language
- English Literature
- UAL Diploma in Fine Art
- Music
- UAL Diploma in Performing Arts and Production

Key Skills

- Punctuality
- Working well under pressure
- Communication
- Understanding Designers Objective
- Detail Oriented
- Willing to learn
- Problem-solving
- Adaptability
- Time Management

Training

Paid Internship

Barbican Theatre, Plymouth

Overall Creative, Technician and Assistant
Production Manager for various shows (including
Petrol Headz Tour, and CIVIC Centre Immersive
Performance), June 2020- September 2021

- ETC Desk Training since 2022
- MA 2 and 3 Training since 2022
- Mental Health First Aid annually since 2021
- Working at Height Training Since 2022
- Own PLI Insurance

2026

Ebony Scrooge

Sadlers Wells East
Lighting Operator
Nov through January 2026/27

Summer Rep Season

Co-Lighting Designer with Brett Kasza
Riverside Studios

JAMT Showcase

Royal Academy of Music
Lighting Designer
2026

(I fell in love with) The Bones of Aurdery Hepburn

Lighting Designer
The Old Red Lion Theatre, London

Can you feel it? New Musical, Tour - Sadler's Wells East

Followspot Operator
May 2026

Sadlers Wells

**Permanent Role of Casual Technician, Followspot
and LX Operator**
April 2026 - Present

Concrete

Associate Lighting Designer for Brett Kasza
Hope Theatre, London

The Apollo Theatre - Shaftesbury Avenue, West End

LX Technician and Crew
Get in for I'm Sorry, Prime Minister

2025

The Apollo Theatre - Shaftesbury Avenue, West End

Permanent Role of Lighting Operator Dep and Technician
MAY 2025 - Present

- Retrograde
- Faulty Towers (+ assisting LD)
- Barmy Britian Horrible Histories
- Punch
- Christmas Carol Goes Wrong
- I'm Sorry, Prime Minister

Ebony Scrooge

Sadlers Wells East
Followspot Operator
Nov and December 2025

Faulty Towers - West end

The Apollo Theatre
Placement with Ian Scott
(Lighting Designer)

The Red Shoes Matthew Borne Revival

Theatre Royal Plymouth
Placement with Paule Constable
(Lighting Designer)

English Touring Opera -

The Elixir of Love + The Rape of Lucretia

Hackney Empire
Placement and Assisting Jamie Platt
(Lighting Designer)

The Lie

The Big House, Islington
Lighting Designer

The Gardening Club—A New Musical Studio Run

New Wimbledon Theatre
Lighting Designer

JAMT Showcase

Royal Academy of Music
Lighting Designer
2025

Musical Theatre Showcase

Royal Academy of Music, London
Associate Lighting Designer for Charlie
Morgan Jones

Pavillion

Greenwich Theatre, London
Lighting Designer

Die Zauberflöte (The Magic Flute)

Royal Academy of Music, London
Associate Lighting Designer for Charlie
Morgan Jones

2024

Peter Pan

Glasgow Kings Theatre
Crossroads Pantomimes
Assistant Lighting Designer

Goldilocks and the Three Bears

Bristol Hippodrome
Crossroads Pantomimes
Assistant Lighting Designer

Into the Woods

Royal Academy of Music, London
Associate Lighting Designer for Rick Fisher

Spring Awakening

Royal Academy of Music, London
Assistant Lighting Designer for Andrew
Exeter

The Grain Store

Rose Theatre, Sidcup London
Lighting Designer

The Taxidermist's Daughter

Greenwich Theatre, London
Associate Lighting Designer

The Secret Garden

London Children's Ballet
Lighting Operator
LX Crew for Get out

2023

With Flying Colours

Theatre Royal Plymouth
Lighting Designer and Technician

Dogville

Studio Theatre, Sidcup
Lighting Designer

ETA Finals Season

Rose Theatre, Sidcup
Lighting Designer
2023-2025

Secessionville

The Barn Theatre, Sidcup
Lighting Designer

BLANK AND Richard the 1st

British Contemporary Theatre Season
Studio Theatre, Sidcup
Lighting Designer

2022 and Before

Theatre Technician/ Lighting Designer

Barbican Theatre Plymouth
2017- 2022

Songs for Wintertide

Lighting Operator, Programmer and Designer
Barbican Theatre Plymouth
2018 - 2020

ReBels Practinor

Barbican Theatre, Plymouth

Running the ReBels Makers
course.
(Design/Making/Tech/Digital)
For ages 14+

Sleighting It!

The Barbican Theatre, Plymouth
Company Stage Manager

Little Shop of Horrors

STEM Theatre, Plymouth
Lighting Design, Production Manager and DSM

Rebels End of year Showcase

Barbican Theatre, Plymouth
Lighting Designer, Programmer and Operator

Larry Dean, Fudnut

Barbican Theatre, Plymouth
Lighting Operator and Programmer

Moving Portraits

Paignton Town Center and The Palace Theatre
Technical Stage Manager and Lighting Designer for
Installations

The Drifters UK Tour

Plymouth Pavillion
LX Crew

The Hatchling Mayflower 400 Q&A

Barbican Theatre, Plymouth
Lighting Designer / Technician and Creative
Management Support.

WOMAD Festival 2019

Lighting Operation with NEG EARTH