

LIGHTING DESIGNER & ALD

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**THEA
BULGIN**
LIGHTING DESIGN

Hello, I'm Thea, a Lighting Designer and Associate/Assistant with a meticulous eye for detail and a passion for emotive and atmospheric lighting. I have a varied background in the working world of theatre, which has provided me with a great understanding of the processes of departments that I work closely with during productions.

My design work spans across the full theatrical spectrum, where I work artistically, bringing curiosity and care to every project I am involved with. It is always my ambition to create designs that are both visually dynamic and effective.

Education and Training

Rose Bruford - 2022 - 2025

First Class Bachelor of Arts with Honours
in Lighting Design

Plymouth College 2020 - 2022

Extended Diploma in Live Events Production

GCSE and UAL Diplomas 2015 - 2020

Plymouth School of Creative Arts

- Maths
- English Language
- English Literature
- UAL Diploma in Fine Art
- Music
- UAL Diploma in Performing Arts and Production

Paid Internship

Barbican Theatre, Plymouth

Overall Creative, Technician and Assistant
Production Manager for various shows (including
Petrol Headz Tour, and CIVIC Centre Immersive
Performance), June 2020- September 2021

ETC Desk Training annually since 2022

MA 2 and 3 Training annually since 2022

Mental Health First Aid annually since 2021

Previous Work



2025

**English Touring Opera -
The Elixir of Love + The Rape of Lucretia**
Hackney Empire
Assisting the Lighting Designer

**The Gardening Club—A New Musical
Studio Run and Main House**
New Wimbledon Theatre
Lighting Designer

JAMT Showcase
Royal Academy of Music
Lighting Designer

The Apollo Theatre
Lighting Operator Dep

- Retrograde
- Faulty Towers (+ assisting LD)
- Barmy Britian Horrible Histories
- Punch

Musical Theatre Showcase
Royal Academy of Music, London
Associate Lighting Designer

**Die Zauberflöte
(The Magic Flute)**
Royal Academy of Music, London
Associate Lighting Designer

Pavillion
Greenwich Theatre, London
Lighting Designer

2024

Peter Pan
Glasgow Kings Theatre
Crossroads Pantomimes
Assistant Lighting Designer

Goldilocks and the Three Bears
Bristol Hippodrome
Crossroads Pantomimes
Assistant Lighting Designer

Into the Woods
Royal Academy of Music, London
Associate Lighting Designer

Spring Awakening
Royal Academy of Music, London
Assistant Lighting Designer

The Grain Store
Rose Theatre, Sidcup London
Lighting Designer

The Taxidermist's Daughter
Greenwich Theatre, London
Associate Lighting Designer

The Secret Garden
London Children's Ballet
Lighting Operator

2023

With Flying Colours
Theatre Royal Plymouth
Lighting Designer and Technician

Dogville
Studio Theatre, Sidcup
Lighting Designer

ETA Finals Season
Rose Theatre, Sidcup
Lighting Designer
2023-2025

Secessionville
The Barn Theatre, Sidcup
Lighting Designer

BLANK AND Richard the 1st

British Contemporary Theatre Season
Studio Theatre, Sidcup
Lighting Designer

Rebels End of year Showcase

Barbican Theatre, Plymouth
Lighting Designer

Moving Portraits

Paignton Town Center
Technical Stage Manager

Community Stories

France and Spain Tour
Lighting Designer

2022 and Before

The Drifters UK Tour

Plymouth Pavillion
LX Crew

Theatre Technician/ Lighting Designer

Barbican Theatre Plymouth
2017- 2022

ReBels Practinor

Barbican Theatre, Plymouth

Running the ReBels Makers
course.
(Design/Making/Tech/Digital)
For ages 14+

Sleighing It!

The Barbican Theatre, Plymouth
Company Stage Manager

Little Shop of Horrors

STEM Theatre, Plymouth
Lighting Design, Production Manager and DSM

Larry Dean, Fudnut

Barbican Theatre, Plymouth
Lighting Operator

The Hatchling Mayflower 400 Q&A

Barbican Theatre, Plymouth
Lighting Designer / Technician and Creative
Management Support.

New Beginnings Productions

Lighting Technician and Operator
2017 - 2022

WOMAD Festival 2019

Lighting Operation with NEG EARTH

Rich Hall Comedy Show

TCAT, Exeter and The Red House, Plymouth
Lighting Technician and Operator

Influence

Theatre Royal Plymouth
Assistant Stage Manager